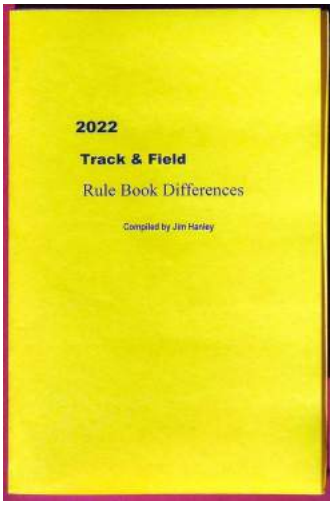
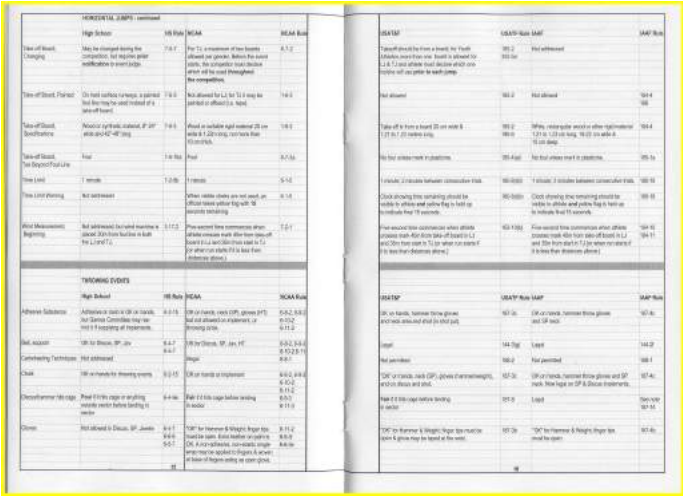
2022 Track & Field Rule Book Differences





---Do you work track meets at different levels and sometimes wonder if a certain rule is a high school, NCAA or USATF rule? Would you like to know who allows pacing by LED lights, has strict restrictions on visible undergarments, does not allow the use of GPS watches, or has a 30-second time limit for field events?

---Do you sometimes need to look up a rule quickly? Are you watching the World Championships next summer?

---Do you hate to carry around five rulebooks and find that some contain very poor indexes?

If the answer to any of these questions is "yes," help is available. **Track and Field Rule Book Differences** is a lightweight, paperback book that can easily be carried with you at track meets. In an easy-to-read chart format, it shows high school (NFHS), college (NCAA), open (USATF) and international (World Athletics & WMA) rule differences.

Rules are organized by category (general rules, combined events, running events, relays, general field events, horizontal jumps, vertical jumps, throwing events, race walks and record requirements.) For this reason, one can find a particular rule almost instantly by simply scanning the appropriate category. The actual rule number is cited next to each rule so the book can be used as an index for all four rulebooks. Included are up-to-date implement and hurdle charts, which are especially useful for Masters, Junior, and Age Group competitions.

The 2022 edition is in stock and ready to ship. It has over 200 changes from the 2021 edition, an indoor hurdles chart, implements charts, time limits, and a tie-breaking section on a single page. Six or more orders to the same address get free shipping---an $18 or more savings! Order on-line at: jim.hanley.cc

Or send $18 ($15 cost plus $3.00 shipping for each book up to five) and the information below to:

Track & Field Rule Book Differences - Jim Hanley, editor
P.O. Box 6744
Thousand Oaks, CA 91359-6744 **Thank-you**

Checks payable to: "James Hanley" or "T&F Rulebook Differences."
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