

2019 Track & Field Rule Book Differences



| HORIZONTAL JUMPS - continued | | | | USATF | | | IAAF | | |
|--|--|---------|---|---------|------------|---------|-----------|---------|-----------|
| High School | HS Rule | NCAA | NCAA Rule | USATF | USATF Rule | IAAF | IAAF Rule | IAAF | IAAF Rule |
| Take-off Board, Changing | May be changed during the competition, but requires prior notification to the judge. | 7-6.7 | For T, a maximum of two boards allowed per gender. Before the event starts, the competitor must declare which will be used throughout the competition. | 7-6.2 | 7-6.2 | 7-6.2 | 7-6.2 | 7-6.2 | 7-6.2 |
| Take-off Board, Planted | On-hand surface surveys, a planted foot may be used instead of a lead-off board. | 7-6.3 | Not allowed for L, for T it may be planted or affixed (i.e. fixed). | 7-6.3 | 7-6.3 | 7-6.3 | 7-6.3 | 7-6.3 | 7-6.3 |
| Take-off Board, Specifications | Wood or synthetic material, 1" x 2" wide and 42" long. | 7-6.3 | Wood or suitable rigid material 20 cm wide x 1.25 cm long, not more than 10 cm thick. | 7-6.3 | 7-6.3 | 7-6.3 | 7-6.3 | 7-6.3 | 7-6.3 |
| Take-off Board, The Beyond Finish Line | Final | 7-6.15a | Final | 7-6.15a | 7-6.15a | 7-6.15a | 7-6.15a | 7-6.15a | 7-6.15a |
| Time Limit | 1 minute | 7-6.6 | 1 minute | 7-6.6 | 7-6.6 | 7-6.6 | 7-6.6 | 7-6.6 | 7-6.6 |
| Time Limit Warning | Not allowed | | When visible clocks are not used, an officer waves yellow flag with 15 seconds remaining. | 7-6.6 | 7-6.6 | 7-6.6 | 7-6.6 | 7-6.6 | 7-6.6 |
| West Measurement, Beginning | Not allowed, but wind machine is placed 20m from the line in both the L and T. | 3-17.2 | Placed down line commensurate when athlete crosses mark 40m from take-off board in L and 20m from center line (or when run starts if it is less than distance above). | 3-17.2 | 3-17.2 | 3-17.2 | 3-17.2 | 3-17.2 | 3-17.2 |

---Do you work track meets at different levels and sometimes wonder if a certain rule is a high school, NCAA or USATF rule? Would you like to know who uses a 30m passing zone, has strict restrictions on visible undergarments, does not allow the use of GPS watches, or has a 30-second time limit for field events?

---Do you sometimes need to look up a rule quickly?

---Do you hate to carry around four rulebooks and find that some contain very poor indexes?

If the answer to any of these questions is “yes,” help is available. **Track and Field Rule Book Differences** is a lightweight, paperback book that can easily be carried with you at track meets. In an easy-to-read chart format, it shows high school (NFHS), college (NCAA), open (USATF) and international (IAAF & WMA) rule differences.

Rules are organized by category (general rules, combined events, running events, relays, general field events, horizontal jumps, vertical jumps, throwing events, race walks and record requirements.) For this reason, one can find a particular rule almost instantly by simply scanning the appropriate category. The actual rule number is cited next to each rule so the book can be used as an index for all four rulebooks. Included are up-to-date implement and hurdle charts, which are especially useful for Masters, Junior, and Age Group competitions.

The 2019 edition is in stock and ready to ship. It has over 300 changes from the 2018 edition, an indoor hurdles chart, implements charts, time limits, and a tie-breaking section on a single page. Six or more orders to the same address get free shipping---an \$18 or more savings! Order on-line at: jim.hanley.cc

Or send \$15 (\$12 cost plus \$3.00 shipping for each book up to five) and the information below to:

Track & Field Rule Book Differences - Jim Hanley, editor
 P.O. Box 6744
 Thousand Oaks, CA 91359-6744 **Thank-you**

Checks payable to: “James Hanley” or
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